



# Bachelor of Arts

**Laura Hanke**

geboren am 16. Juni 1987

hat alle Prüfungen des Studiums mit dem Abschluss  
Bachelor of Arts im Studiengang

**Fitnessökonomie**

bestanden.

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Frau Laura Hanke ist berechtigt den Titel

**Bachelor of Arts**

zu führen.

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Saarbrücken, 22. Oktober 2019

Prof. Dr. Andrea Pieter  
Rektorin

Prof. Dr. Thomas Wessinghage  
Prorektor

Anna Farke  
Leiterin Studiensekretariat und Prüfungsamt

Statistik anerkennung te privat hochschule



## Deutsche Hochschule für Prävention und Gesundheitsmanagement

### DIPLOMA SUPPLEMENT

This Diploma Supplement model was developed by the European Commission, Council of Europe and UNESCO/CEPES. The purpose of the supplement is to provide sufficient independent data to improve the international 'transparency' and fair academic and professional recognition of qualifications (diplomas, degrees, certificates etc.). It is designed to provide a description of the nature, level, context, content and status of the studies that were pursued and successfully completed by the individual named on the original qualification to which this supplement is appended. It should be free from any value judgements, equivalence statements or suggestions about recognition. Information in all eight sections should be provided. Where information is not provided, an explanation should give the reason why.

1 INFORMATION IDENTIFYING THE HOLDER OF THE QUALIFICATION	
1.1 Family name(s)	Hanke
1.2 First name(s)	Laura
1.3 Date, Place, Country of birth	16. Juni 1987, Dannenberg, Germany
1.4 Student identification number or code	293643
2. INFORMATION IDENTIFYING THE QUALIFICATION	
2.1 Name of qualification and (if applicable) title conferred (in original language)	Bachelor of Arts, B. A.
2.2 Main field(s) of study for the qualification	Fitness Economics
2.3 Name and status of awarding institution (in original language)	Deutsche Hochschule für Prävention und Gesundheitsmanagement Status Type: University of Applied Sciences Status Control: The German University for Prevention and Health Care Management is accredited by a German accreditation institute and licensed as University of Applied Science by the ministry of education, Saarland.
2.4 Name and status of institution administering studies (in original language)	Deutsche Hochschule für Prävention und Gesundheitsmanagement Status: Licensed University of Applied Sciences Status Control: The German University for Prevention and Health Care Management is accredited by a German accreditation institute and licensed as University of Applied Science by the ministry of education, Saarland.
2.5 Language(s) of instruction/examination	German

Date of certification: 23. October 2019

Chairwoman Examination Committee




3. INFORMATION ON THE LEVEL AND DURATION OF THE QUALIFICATION	
3.1 Level of the qualification	Undergraduate/First Degree (three and a half years), with thesis DQR & EQF Level 6
3.2 Official duration of programme in credits and/or years	Three and a half years, 210 ECTS-credits
3.3 Access requirement(s)	General / Specialised higher education entrance qualification (HEEQ), or foreign equivalent; additional evidence by demonstrating appropriate preparation and aptitude for study in the programme
4. INFORMATION ON THE PROGRAMME COMPLETED AND THE RESULTS OBTAINED	
4.1 Mode of study	Full-time; cf. Sec. 6.1 for further information
4.2 Programme learning outcomes	The accredited Bachelor programme has two main focuses: business administration and sport science. Both fields are designed to give the students a knowledge base in these areas complemented with the specialised skills that are necessary to work successfully in the fitness trade. The curriculum is supplemented by basics in medicine and nutrition, marketing and sales, customer service, as well as fundamentals in communication and presentation skills. An essential part of this Bachelor study programme is the ability to combine exercise physiology knowledge with the skills gained in the field of economy. Therefore, two modules are exclusively aimed at giving the students an idea how to apply their skills for interdisciplinary problems usually encountered in the fitness and health trade. Social aptitudes of the students improve over the course of three and a half years by teaching in small classes, constant close contact with the full and associate professors and by teamwork in each module, where case studies are handled and the results are presented to the whole class and the professor. The Bachelor study will be completed by a thesis of three months on an interdisciplinary subject
4.3 Programme details, individual credits gained and grades/marks obtained	See "Transcript of Records" for list of courses and grades; and "Prüfungszeugnis" (Final Examination Certificate) for subjects offered in final examinations (written and oral), and topic of thesis, including evaluations.
4.4 Grading system and grade distribution table	General grading scheme cf. Sec. 8.6 "Sehr Gut" (1) = Very Good; "Gut" (2) = Good; "Befriedigend" (3) = Satisfactory; "Ausreichend" (4) = Sufficient; "Nicht ausreichend" (5) = Non-Sufficient/Fail. The minimum passing grade is "Ausreichend" (4) with 55 %. In addition the Deutsche Hochschule für Prävention und Gesundheitsmanagement uses the ECTS grading scheme, which operates with the levels A (best 10 %), B (next 25 %), C (next 30 %), D (next 25 %), and E (next 10 %).
4.5 Overall classification of the qualification (in original language)	Satisfactory (Befriedigend) Based on the accumulation of grades received during the study programme and the final thesis (examinations approx. 80 %, bachelor-thesis approx. 20 %); cf. Prüfungszeugnis (Final Examination Certificate)

Date of certification: 23. October 2019

Chairwoman Examination Committee



5. INFORMATION ON THE FUNCTION OF THE QUALIFICATION	
5.1 Access to further study	Qualifies to apply for admission for Master and doctoral studies.
5.2 Access to a regulated profession (if applicable)	n. a.
6. ADDITIONAL INFORMATION	
6.1 Additional information	None available
6.2 Further information sources	Student support office at the German University for Prevention and Health Care Management Phone: +49 (0) 681-6855-150 www.dhfpfg.de
7. CERTIFICATION	
This Diploma Supplement refers to the following original documents:	
<ul style="list-style-type: none"><li>• Bachelor-Urkunde (Official Certificate) from 22<sup>nd</sup> October 2019</li><li>• Prüfungszeugnis (Final Examination Certificate) from 24<sup>th</sup> September 2019</li><li>• Transcript of Records from 24<sup>th</sup> September 2019</li></ul>	
Date of certification: 23. October 2019	
(Official Stamp/Seal)	
Prof. Dr. Andrea Pieter Chairwoman Examination Committee	
8. NATIONAL HIGHER EDUCATION SYSTEM	

The information on the national higher education system on the following pages provides a context for the qualification and the type of higher education institution that awarded it.

# Certificate



BSA-Akademie  
Prävention, Fitness, Gesundheit  
School for Health Management

## Laura Hanke

has successfully completed the course of

### Athletiktrainer/in-A-Lizenz

Professional Trainer for Fitness and Athletic Performance

professional qualification



at the BSA-Akademie.

The distance learning course  
has been tested and approved  
by the National Centre for Distance Learning.

Hamburg, 2019-10-12

Head of Department  
Prof. Dr. Christoph Eifler

Educational Director of the BSA-Akademie  
Prof. Dr. Andreas Strack

Director of the BSA-Akademie  
Prof. Dr. Thomas Wessinghage

# Certificate



BSA-Akademie  
Prävention, Fitness, Gesundheit  
School for Health Management

## Laura Hanke

has successfully completed the course of

## Fitnesstrainer/in-A-Lizenz

Professional Fitnesstrainer

Professional qualification



at the BSA-Akademie.

The distance learning course  
has been tested and approved  
by the National Centre for Distance Learning.

Saarbrücken, 2019-09-26

Head of Department  
Prof. Dr. Christoph Eifler

Educational Director of the BSA-Akademie  
Prof. Dr. Andreas Strack

Director of the BSA-Akademie  
Prof. Dr. Thomas Wessinghage

# Certificate

Laura Hanke

has successfully completed the course of

Lehrer/in für Fitness

Advanced Fitnesstrainer

professional qualification



at the BSA-Akademie

and passed the final examination.

The distance learning course  
has been tested and approved  
by the National Centre for Distance Learning.

Hamburg, 2019-09-26

# Urkunde



**BSA-Akademie**  
Prävention, Fitness, Gesundheit  
School for Health Management

**Laura Hanke**

hat den Abschluss

**Ernährungstrainer/in-B-Lizenz**  
**Basisqualifikation**



der **BSA-Akademie**  
erworben.

Der Fernlehrgang  
ist von der Staatlichen Zentralstelle für  
Fernunterricht geprüft und zugelassen.

Saarbrücken, 31.10.2018

Fachbereichsleiter  
Prof. Dr. Dietmar Lupp

Pädagogischer Leiter der BSA-Akademie  
Prof. Dr. Andreas Strack

Direktor der BSA-Akademie  
Prof. Dr. Thomas Wessinghage



# Urkunde



**BSA-Akademie**  
Prävention, Fitness, Gesundheit  
School for Health Management

**Laura Hanke**

hat den Abschluss

**Trainer/in für Sportrehabilitation  
Aufbauqualifikation**



**der BSA-Akademie  
erworben.**

Der Fernlehrgang  
ist von der Staatlichen Zentralstelle für  
Fernunterricht geprüft und zugelassen.

Saarbrücken, 31.10.2018

Fachbereichsleiter  
Prof. Dr. Christoph Eifler

Pädagogischer Leiter der BSA-Akademie  
Prof. Dr. Andreas Strack

Direktor der BSA-Akademie  
Prof. Dr. Thomas Wessinghage

# Certificate



BSA-Akademie  
Prävention, Fitness, Gesundheit  
School for Health Management

## Laura Hanke

has successfully completed the course of

### Leistungssport Body-Trainer/in

Trainer for Physique Enhancement  
advanced qualification



at the BSA-Akademie.

The distance learning course  
has been tested and approved  
by the National Centre for Distance Learning.

Hamburg, 2019-07-07

Head of Department  
Prof. Dr. Christoph Eifler

Educational Director of the BSA-Akademie  
Prof. Dr. Andreas Strack

Director of the BSA-Akademie  
Prof. Dr. Thomas Wessinghage

# Urkunde



**BSA-Akademie**  
Prävention, Fitness, Gesundheit  
School for Health Management

## Laura Hanke

hat den Abschluss

### Gesundheitstrainer/in Aufbauqualifikation



der BSA-Akademie  
erworben.

Der Fernlehrgang  
ist von der Staatlichen Zentralstelle für  
Fernunterricht geprüft und zugelassen.

Saarbrücken, 31.10.2018

Fachbereichsleiter  
Prof. Dr. Christoph Eifler

Pädagogischer Leiter der BSA-Akademie  
Prof. Dr. Andreas Strack

Direktor der BSA-Akademie  
Prof. Dr. Thomas Wessinghage

# Urkunde



**BSA-Akademie**  
Prävention, Fitness, Gesundheit  
School for Health Management

**Laura Hanke**

hat den Abschluss

**Trainer/in für gerätegestütztes  
Krafttraining  
Aufbauqualifikation**



**der BSA-Akademie**  
erworben.

Der Fernlehrgang  
ist von der Staatlichen Zentralstelle für  
Fernunterricht geprüft und zugelassen.

Saarbrücken, 31.10.2018

  
Fachbereichsleiter  
Prof. Dr. Christoph Eifler

  
Pädagogischer Leiter der BSA-Akademie  
Prof. Dr. Andreas Strack

  
Direktor der BSA-Akademie  
Prof. Dr. Thomas Wessinghage

# Urkunde



BSA-Akademie  
Prävention, Fitness, Gesundheit  
School for Health Management

**Laura Hanke**

hat den Abschluss


**Trainer/in für Cardiofitness  
Aufbauqualifikation**




der BSA-Akademie  
erworben.

Der Fernlehrgang  
ist von der Staatlichen Zentralstelle für  
Fernunterricht geprüft und zugelassen.

Saarbrücken, 31.10.2018

  
\_\_\_\_\_  
Fachbereichsleiter  
Prof. Dr. Christoph Eifler

  
\_\_\_\_\_  
Pädagogischer Leiter der BSA-Akademie  
Prof. Dr. Andreas Strack

  
\_\_\_\_\_  
Direktor der BSA-Akademie  
Prof. Dr. Thomas Wessinghage

# Urkunde



**BSA-Akademie**  
Prävention, Fitness, Gesundheit  
School for Health Management

**Laura Hanke**

hat den Abschluss

**Sales- und Servicefachkraft**  
**Basisqualifikation**



der **BSA-Akademie**  
erworben.

Der Fernlehrgang  
ist von der Staatlichen Zentralstelle für  
Fernunterricht geprüft und zugelassen.

Saarbrücken, 31.10.2018

Fachbereichsleiter  
Roman Spitzko

Pädagogischer Leiter der BSA-Akademie  
Prof. Dr. Andreas Strack

Direktor der BSA-Akademie  
Prof. Dr. Thomas Wessinghage

# Urkunde



BSA-Akademie  
Prävention, Fitness, Gesundheit  
School for Health Management

**Laura Hanke**

hat den Abschluss

**Team- und Qualitätsmanager/in  
Aufbauqualifikation**



der BSA-Akademie  
erworben.

Der Fernlehrgang  
ist von der Staatlichen Zentralstelle für  
Fernunterricht geprüft und zugelassen.

Saarbrücken, 31.10.2018

Fachbereichsleiter  
Roman Spitzko

Pädagogischer Leiter der BSA-Akademie  
Prof. Dr. Andreas Strack

Direktor der BSA-Akademie  
Prof. Dr. Thomas Wessinghage

# Urkunde



BSA-Akademie  
Prävention, Fitness, Gesundheit  
School for Health Management

## Laura Hanke

hat den Abschluss

### Marketingmanager/in Aufbauqualifikation



der BSA-Akademie  
erworben.

Der Fernlehrgang  
ist von der Staatlichen Zentralstelle für  
Fernunterricht geprüft und zugelassen.

Saarbrücken, 31.10.2018

Fachbereichsleiter  
Roman Spitko

Pädagogischer Leiter der BSA-Akademie  
Prof. Dr. Andreas Strack

Direktor der BSA-Akademie  
Prof. Dr. Thomas Wessinghage



# Urkunde



BSA-Akademie  
Prävention, Fitness, Gesundheit  
School for Health Management

**Laura Hanke**

hat den Abschluss

**Unternehmensmanager/in  
Aufbauqualifikation**



der BSA-Akademie  
erworben.

Der Fernlehrgang  
ist von der Staatlichen Zentralstelle für  
Fernunterricht geprüft und zugelassen.

Saarbrücken, 31.10.2018

Fachbereichsleiter  
Roman Spitko

Pädagogischer Leiter der BSA-Akademie  
Prof. Dr. Andreas Strack

Direktor der BSA-Akademie  
Prof. Dr. Thomas Wessinghage

# Urkunde



BSA-Akademie  
Prävention, Fitness, Gesundheit  
School for Health Management

**Laura Hanke**

hat den Abschluss

**Controlling- und Finanzmanager/in  
Aufbauqualifikation**



der BSA-Akademie  
erworben.

Der Fernlehrgang  
ist von der Staatlichen Zentralstelle für  
Fernunterricht geprüft und zugelassen.

Saarbrücken, 31.10.2018

Fachbereichsleiter  
Roman Spitzko

Pädagogischer Leiter der BSA-Akademie  
Prof. Dr. Andreas Strack

Direktor der BSA-Akademie  
Prof. Dr. Thomas Wessinghage



## HOLMES PLACE

To Whom It May Concern,

I was the supervisor of Laura Hanke during her employment at Holmes Place Bahrenfeld in Germany.

It was truly a pleasure having her on our team.

Laura did a dual study of Bachelor of Arts in Fitness Economist, she was a trainee for 3,5 years in Holmes Place Bahrenfeld working 30 hours weekly.

She worked 6 months in the Reception, 18 months in Sales , 3 months in Retention and 15 months in the Gym. Outside of her worktime she gave Personal Training, and Classes like Aqua Gym, Float Fit, Body Pump, Indoor Cycling, Zumba, Functional Training, Complete Body workout, Healthy Back, Abs Express, Body Balance, and Yogilates,

Laura is a professional and personal studio trainer of the highest caliber, who meticulously commits to providing the highest level of care to her clients. I've received many compliments from members who benefited from the exceptional care and teaching Laura provided them.

Laura is an innovative self-starter, who rarely needs supervision. She is punctual, typically exceeds expectations, and handles pressure well. For example, when she began her career with us it required her to work long hours to immediately establish and manage her service portfolio. Laura not only made the required upgrades by the deadline, she by far exceeded any expectations by overhauling the entire sales program and becoming adept at leading the sales department.

Laura is a real team player, she effectively worked together with the Sales, Marketing ,Operational and fitness team on a regular basis, maintained a professional demeanor with high-level performance. She recognizes the true consumer needs and take actions to meet them at the individual, team and corporate level too. She has the ability to manage multiple tasks simultaneously. She also showed a high-level of motivation and innovation . At a personal level Laura has an extremely positive and pleasant personality and built up an excellent relationship with her colleagues at the same time.

I highly recommend hiring her. If you'd like to discuss her attributes in more detail, please don't hesitate to contact me.

Sincerely,



Noam Yitzhak

Club Manager  
Holmes Place Health Clubs - Hamburg Bahrenfeld

Gasstraße 2  
22761 Hamburg  
Tel.: 040 / 85 34 40 00